

Table 2. Means (Standard Deviations) for the Groups on the Psychometric Measures

Scale	Group	Pretreatment	Posttreatment	Follow-up (3-Month)
Mississippi	CON	117.9 (17.6)	112.9 (21.7)	
	RXT	119.4 (18.3)	114.2 (17.5)	110.6 (18.6)
	EMD	117.5 (14.3)	92.8 (20.8)	92.4 (17.2)
PTSD Symptoms	CON	7.5 (1.7)	6.2 (2.4)	
	RXT	6.8 (2.3)	4.7 (2.3)	5.1 (1.9)
	EMD	7.3 (2.1)	3.0 (2.4)	2.1 (2.0)
IES-Total	CON	52.8 (11.5)	38.7 (16.2)	
	RXT	52.9 (9.3)	44.5 (17.4)	45.7 (15.0)
	EMD	52.5 (9.0)	35.2 (22.0)	29.1 (22.0)
IES-Intrusion	CON	27.3 (3.6)	20.9 (8.8)	
	RXT	26.3 (7.5)	21.7 (9.4)	22.7 (9.8)
	EMD	26.7 (7.8)	16.8 (10.8)	15.2 (10.9)
IES-Avoidance	CON	25.4 (10.6)	17.8 (9.3)	
	RXT	26.6 (5.0)	22.8 (10.6)	23.0 (8.0)
	EMD	25.8 (3.0)	18.4 (13.4)	13.9 (11.6)
STAI-State	CON	58.2 (10.5)	51.4 (17.8)	
	RXT	58.2 (12.2)	46.3 (13.3)	47.7 (5.2)
	EMD	47.2 (9.4)	34.9 (9.0)	40.6 (4.9)
STAI-Trait	CON	61.7 (10.6)	55.8 (11.2)	
	RXT	58.0 (9.1)	50.8 (10.7)	51.8 (7.4)
	EMD	54.0 (9.9)	38.6 (9.7)	41.9 (6.9)
BDI	CON	24.0 (9.9)	23.5 (12.8)	
	RXT	23.6 (10.8)	15.8 (12.5)	18.3 (11.7)
	EMD	20.1 (7.5)	6.9 (5.9)	8.6 (9.4)